



**DELFI-COURSE
FOR PARENTS AND BABIES**

WWW.DELFI-ONLINE.DE



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**TOGETHER THROUGH
THE FIRST YEAR OF LIFE**

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DELFI®-COURSES

- D** Developing cognitive skills
- E** Enhancing development
- L** Loving
- F** Feeling
- I** Individuality

Babies love exploring their surroundings in a warm and cosy environment, with their mothers and fathers close by. Your fully qualified DELFI instructor encourages you to stimulate your baby's development with gentle stroking massages, finger play and touching games. You are also shown how to best hold and handle your baby. Motor and sensory skills are enhanced playfully using interesting materials for your baby to grasp and experiment with. It's all about having fun and bonding with each other.

At the same time, you as a parent become more assured and confident in handling your baby. You can talk about development, nutrition and anything that happens to be on your mind. You are given practical tips, and the opportunity to exchange experiences with other parents, whether it be about your new role as a parent, the actual birth, or everyday situations, such as sleeping, waking and crying habits. All of this helps you as a parent to cope with your new way of life. Babies with disabilities are welcome.

DATES

You can find an appropriate course for the particular age of your baby by clicking on the link www.fabi-celle.de. Courses are offered at a number of locations in and around Celle.



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